

Tiny Tigers (Age 3)

Tiny Tigers	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners	---	1:00pm	3:30pm	1:00pm	3:30pm	9:00am

Little Ninja's (Ages 4-6)

Ninja belts	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	4:00pm	3:30pm 5:55pm	4:00pm	3:30pm 5:55pm	5:55pm	10:55am
Yellow & above	4:30pm	3:30pm 6:30pm	4:30pm	3:30pm 6:30pm	6:30pm	11:30am

Children (Ages 7-12)

Solid Belt Color	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	6:00pm (A)	4:00pm (A)	6:00pm (A)	4:00pm (A)	7:00pm (A)	10:00am (A)
Yellow & Orange	6:00pm (B)	5:00pm (A)	6:00pm (B)	5:00pm (A)	7:00pm (B)	10:00am (B)
Green Blue Purple	5:00pm (A)	7:00pm (B)	5:00pm (A)	7:00pm (B)	4:00pm (A)	12:00pm (B)
All Red Belts	7:00pm (A)	4:00pm (B)	7:00pm (A)	4:00pm (B)	5:00pm (A)	12:00pm (A)
Brown and Black	7:00pm (B)	5:00pm (B)	7:00pm (B)	5:00pm (B)	4:00pm (B)	12:00pm (A)

Adult Programs (Ages 13 & over)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Karate	8:00pm	11:00am 8:00pm	8:00pm	11:00am 8:00pm	---	9:00am
Fitness- Kickboxing	5:00pm 8:00pm	10:00am 6:00pm 7:00pm	5:00pm 8:00pm	10:00am 6:00pm 7:00pm	5:00pm	8:00am 11:00am

Kicks Karate Urbana Schedule of Classes
3531 John Simmons Street D-09 (301) 874-4740
(Effective January 25, 2010) www.kickskarate.com

