

Kicks Karate Rockville/King Farm Schedule of Classes

Little Ninja's (Ages 4-6)

<i>Little Ninja</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	3:15pm 6:00pm	4:30pm	3:15pm 6:00pm	4:30pm	3:15pm 6:00pm	9:45am
Yellow & above	3:15pm 6:30pm	5:00pm	3:15pm 6:30pm	5:00pm	3:15pm 6:30pm	10:15am

Children (Ages 7-12)

<i>Solid Belt Color</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	3:45pm	6:15pm	4:30pm	6:15pm	7:45pm	9:00am
Yellow & Orange	4:30pm	6:15pm	3:45pm	5:30pm	7:45pm	9:00am
Green, Blue & Purple	7:00pm	7:45pm	5:15pm	7:45pm	3:45pm	1:00pm
Red	7:45pm	3:45pm	7:00pm	7:45pm	5:15pm	1:00pm
Brown	7:45pm	5:30pm	7:45pm	7:00pm	4:30pm	11:30am
Black	5:15pm	7:00pm	7:45pm	3:45pm	7:00pm	12:15pm

Adult Programs (Ages 13 & over)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Karate	8:30pm	8:30pm	8:30pm	8:30pm		10:45am

Rockville/King Farm Schedule of Classes 800 Pleasant Drive (301) 869-4300
 (Effective February 23, 2009) www.kickskarate.com

